

2019 Golf Longevity Personalized Training

Pick Your Own Start Date (after January 7th)

Initial + 30-day + 60-day + 90-day Private Video Conferences/Lessons

Note: Learning Only Has Taken Place When Movement Changes

Conferences are a feedback tool to assess all improvement/practice/play accomplished between conferences. Each will include detailed slo-mo swing analysis. Each golfer will be proficient in analyzing his/her golf motion by program end, understand their joint/muscle/tendon issues which cause swing aberrations, and have a plan to correct them. Each golfer will understand any postures, daily activities, and gym exercises which are adversarial to a consistent, powerful golf swing and will be offered golf-friendly alternatives. A member-only instruction video vault will be made available for 6 months – on FB as well as a private membership web page. You will get recordings of your conferences for review.

FaceBook Bonus: Complimentary access to a private *Golf Longevity Group* for 6 months with 24/7 support, LIVE training, and LIVE Q&A sessions, and more. Value \$108

Pilot Program Designed/Delivered By Marian Geist, Golf Longevity Specialist
LIMITED ONE-TIME ONLY DISCOUNTED OPPORTUNITY